


## PERSONAL INFORMATION

**Makrygiannis Ioannis**

 Omirou 2, 43100 Karditsa (Greece)

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## PROFESSIONAL EXPERIENCE

**01/06/2011 -**

### **Self-employed**

Disinfection services

Public works of green spaces

Teaching services

Business Consultancy

Research services in food chemistry

**10/12/2020 -**

### **1st Class Officer for Public Works of Green Spaces**

ALK. SPANOS & Co Limited Partnership Technical Company.

**01/10/2015 – 31/12/2017**

### **Production Manager**

Brewery of Thessaly (Zythopoiia Thessalias Private Company)

**21/12/2015 – 02/2016**

### **Adults Trainer**

Youth and Lifelong Learning Institute, Karditsa

**01/10/2008 – 31/03/2011**

### **Foreman for public works of green spaces**

K. SPANOS & Co Limited Partnership

01/12/2021 –

## RESEARCH EXPERIENCE

### Participation in the research program:

“Creation of biofunctional mineral water with the addition of extracts of fruit, vegetables, Greek aromatic herbs, cannabis, Moringa oleifera leaves and leaves of Greek olive tree varieties that have been produced using innovative technology (deeply fused solvents) or with the addition of humic and fulvic acids (Biofunctional-Water)” with code 6623 which is implemented within the framework of the project "Creation of biofunctional mineral water with the addition of extracts of fruit, vegetables, Greek aromatic herbs, cannabis, leaves of Moringa oleifera and leaves of Greek olive tree varieties produced, using innovative technology (deeply molten solvents) or with the addition of humic and fulvic acids (Biofunctional-Water)” of Action II. Business Partnerships with Research Organizations and MIS 5074556 which is co-financed by the EU, the ERDF and National Financing, included in the Operational Program “COMPETITIVENESS, ENTREPRENEURSHIP AND INNOVATION”.

Scientific Officer of the sub-project, Dr. Lalas Stavros.

## EDUCATION

**2020** **PhD candidate in the Department of Food Science and Nutrition of the School of Agricultural Sciences of the University of Thessaly**

*Doctoral Thesis: Isolation of bioactive compounds from apricot processing by-products and their use in food and cosmetics.*

**2020** **Master's Degree in Waste Management**

Hellenic Open University - School of Sciences & Technology, Patras (Greece)

<https://sst.eap.gr/>

*Thesis: Current trends in the use of agri-food residues for the production of activated carbon: Application in liquid waste management.*

**2019** **Annual Pedagogical Training Program**

School of Pedagogy & Technology Education, Volos (Greece)

*Diploma thesis: Investigation of educational needs of students in the Second Chance Schools in the prefecture of Karditsa.*

**2018** **Degree in Food Technology**

University of Thessaly (Former Technological Educational Institute of Thessaly, Karditsa (Greece))

<https://www.teilar.gr/>

*Diploma thesis: Production of sterilized and pasteurized beer using heating and ultra-high pressure and with the use of conventional and probiotic cultivation.*

**2008** **Degree in Crop Production Technology**

Alexandreio Technological Institute of Thessaloniki - Department of Crop Production, Thessaloniki (Greece)

<https://www.teithe.gr/atei/>

*Diploma Thesis: Organic Products Certification Bodies.*

## SCIENTIFIC - AUTHOR WORK

### Publications - Conference announcements:

**Ioannis Makrigiannis**, Chrysanthi Mitsagga, Chrysoula Papaioannou\* , Konstantinos Petrotos, Ioannis Giavasis 2019. Production of unpasteurized and thermally or high pressure pasteurized beer with conventional and probiotic culture. 4 th International Food & Biosystems Engineering Congress, Crete,30-5-2/6/2019. Oral presentation

## TRAINING

- 19/04/2019 – 21/04/2019**      **Education and students with visual impairment in the modern Greek educational context: challenges and perspectives**  
Lifelong Learning Center Level 2 "EXELIXIS LP"
- 29/12/2018 – 27/12/2019**      **Training of adult trainers**  
Thessaloniki Chamber of Commerce
- 24/10/2017 -**      **Holder of a European First Aid Diploma**  
Hellenic Red Cross  
<http://www.redcross.gr/>
- 28/04/2009 – 03/06/2015**      **Educational program: Russian for tourism**  
Lifelong Learning Center of the Municipality of Karditsa
- 31/01/2015 – 12/02/2015**      **Intervention techniques in the business operation and dealing with the negative economic situation**  
Institute of Commerce and Services
- 14/11/2013 – 17/11/2013**      **Exercise of Security Technician duties**  
DIAS Vocational Training Center, Karditsa (Greece) <https://kek-dias.gr/>
- 2012 –**      **Nursing volunteer and member (treasurer) of the Board of the HRC Department of Karditsa**  
Hellenic Red Cross  
<http://www.redcross.gr/>

- 04/05/2011 – 06/05/2011**      **Business Initiative Consulting**  
Manpower Employment Organization, KARDITSA  
(Greece) <http://www.oaed.gr/>
- 01/09/2009 – 06/06/2010**      **Special Education Issues: Learning Disabilities - Dyslexia**  
Center for the Study of Psychophysiology and Education of the  
Pedagogical Department of Primary Education of the National  
Kapodistrian University of Athens
- 12/02/2007 – 12/02/2008**      **Fulfillment of Military Obligations**  
Military Police-Bicyclist/Car Driver
- 1998**      **High School Graduate**  
4<sup>th</sup> General High School of Karditsa

#### **PERSONAL SKILLS**

Foreign Languages	English (Proficiency level)
IT Skills	European Computer Driving License
Driver's License	A, B and agricultural tractor
Music	Guitar, harmonium